



HOUSING SENIORS | CREATING HOPE | PILOTING CHANGE

### **Apartments with Subsidized Rent for People 62+ or with Disabilities**

This is a list of studio and one-bedroom apartments in Multnomah County, Oregon that are subsidized by the United States Department of Housing and Urban Development (HUD).

#### **WHAT IS A SUBSIDIZED RENT?**

Tenants who live in these buildings pay rent based on their income. Tenants pay no more than 30% of their income for rent and utilities. This type of subsidy cannot be transferred to another apartment. The subsidies are attached to units at these specific buildings through a contract between HUD and the building owner.

#### **TO QUALIFY**

To be eligible for the majority of these properties, you must be at least 62 years old or disabled. Some properties give priority to applicants who are 62 years old or over. In addition, you must be low-income. Current guidelines require a yearly income *under* \$43,440 for eligible single persons and a yearly household income *under* \$49,644 for eligible couples.

#### **TO APPLY**

You can apply for as many buildings as you choose. None of these properties will have units available immediately. You will need to complete an application to get on the waiting list for each property.

We have created a separate list of subsidized properties that are currently accepting applications for their waiting lists called *Subsidized Buildings with Open Waitlists*. This list changes frequently and is a good place to start your subsidized housing search. Attached is the complete list of HUD-subsidized properties. Contact the building manager to apply for an apartment and to get more information. If you are over the age of 62 we recommend focusing on the properties that are prioritized for people 62 years old and over as they tend to have shorter waitlists. These properties are marked with (Age 62+) next to the building name.

There are no application fees for these properties.

Many buildings now require an original birth certificate to apply or move in. You will be required to show a state-issued photo ID and Social Security card as part of your application.

#### **MAINTAIN YOUR APPLICATION ON THE WAITLIST**

Once you submit an application, **contact the building manager every month to check your position on the waiting list and make sure the manager has your current address and phone number.** Some buildings will remove your name if you do not contact them every month. Some buildings will contact you by mail and give you a short period of time to respond to remain on the list. **By staying in contact with the building managers every month, you will make sure to keep your application active and moving up on each waiting list.**

Buildings marked with an asterisk (\*) have a mixture of both subsidized and unsubsidized apartments.

*For updates or changes to this information please contact Northwest Pilot Project at  
(503) 227-5605 or [housing@nwpilotproject.org](mailto:housing@nwpilotproject.org)  
Updated 6/2025*

## **DOWNTOWN PORTLAND**

### **1200 Building (62+)**

1220 SW 12th Ave  
Portland, OR 97205  
503 224 1565  
Guardian  
One bedroom  
62+

### **Admiral Apts (62+)**

910 SW Park Ave  
Portland, OR 97205  
503 546 9191  
REACH  
Studios  
One bedroom  
62+

### **Bronough Apts (62+ or Disabled)**

1434 SW Morrison  
Portland, OR 97205  
503 227 0754  
REACH  
Studios  
One bedroom  
62+ or disability

### **Chaucer Court (62+ or disabled)**

1019 SW 10th Ave  
Portland, OR 97205  
503 224 3559  
Manor Management  
Studios  
One bedroom  
62+ or disabled

### **Lexington Apts (62+)**

1125 SW 12th Ave  
Portland, OR 97205  
503 224 9638  
Guardian  
Studio  
One bedroom  
62+

### **Rose Schnitzer Towers (62+ or disabled)**

1430 SW 12th Ave  
Portland, OR 97201  
503 222 7467  
Guardian  
One bedroom  
62+ or disabled

### **Park Tower Apts (62+ or disabled)**

731 SW Salmon  
Portland, OR 97205  
503 224 1567  
Guardian  
Studios  
One bedroom  
62+

### **Rosenbaum Plaza Apts (62+ or disabled)**

1218 SW Washington  
Portland, OR 97205  
503 228 5355  
Key Property Services  
Studio  
62+ or disabled  
ADA: Yes

### **Uptown Tower (62+ or Disabled)**

712 SW St. Clair  
Portland, OR 97205  
503 248 9645  
Guardian Management  
Studio  
One bedroom  
62+ or disabled

## **NORTHWEST PORTLAND**

### **Marshall Union Manor (62+)**

2020 NW Northrup  
Portland, OR 97209  
503 225 0677  
Manor Management  
Studios  
One bedroom  
62+  
ADA: Yes

### **Roselyn Apts (62+)**

424 NW 21st Ave  
Portland, OR 97209  
503 228 4220  
IPM  
Studio  
62+

### **Upshur House**

2650 NW Upshur  
Portland, OR 97210  
503 226 3485  
IPM  
One bedroom

## **NORTHEAST PORTLAND**

### **A. Phillips Square**

606 NE Sacramento  
Portland, OR 97212  
503 287 2162  
Cascade Management  
Studios  
One bedroom

### **Alberta Simmons Plaza (62+)**

6611 NE MLK Blvd  
Portland, OR 97211  
503 240 4198  
Manor Management  
One bedroom  
62+  
ADA: Yes

### **Alberta Street Apts\***

5010 NE 19th Ave  
Portland, OR 97211  
503 287 3496  
Sabin Community Development  
Studios  
One bedroom

### **Avenue Plaza**

5025 NE 8th Ave  
Portland, OR 97211  
503 287 3496  
Sabin Community Development  
Studios  
One bedroom

**Emerson Plaza Apts**  
5312 NE 13th Ave  
Portland, OR 97211  
503 287 3496  
Sabin Community Development  
Studios  
One bedroom

**Emilie House (62+)**  
5520 NE Glisan  
Portland, OR 97213  
503 236 9779  
Sisters of Providence  
One bedroom  
62+  
Wheelchair accessible units 3

**Estate Plaza**  
5421 NE 14th Place  
Portland, OR 97211  
503 287 3496  
Sabin Community Development  
Studios  
One bedroom

**Grace Peck Terrace (62+ or disabled)**  
1839 NE 14th Ave  
Portland, OR 97212  
503 281 7094  
Key Management Services  
One bedroom  
62+ or disabled  
ADA: Yes

**M. Carter Complex**  
626 NE Brazee  
Portland, OR 97212  
503 287 2162  
Cascade Management  
Studios  
One bedroom

**Multnomah Manor**  
9110 NE Hassalo St  
Portland, OR 97220  
503 477 5910  
Key Property Services  
One bedroom  
Two bedroom

**Silvercrest (62+)**  
1865 NE Davis  
Portland, OR 97232  
503 236 2320  
Salvation Army  
One bedroom  
62+  
ADA: Yes

**Walnut Park (62+ or disabled)**  
5272 NE 6th Ave  
Portland, OR 97211  
503 282 7449  
REACH  
One bedroom  
62+ or disabled

#### **NORTH PORTLAND**

**Caritas Plaza (62+ or disabled)**  
2830 N Williams Ave  
Portland, OR 97227  
971 803 7167  
Guardian  
Studios  
One bedroom  
62+ or disabled  
ADA: Yes

**Cascadian Terrace**  
5700 N Kerby Ave  
Portland, OR 97217  
503 283 3541  
Guardian Management  
Studios  
One bedroom

**Fremont Manor**  
233 N Fremont  
Portland, OR 97227  
971 255 0060  
Arrowhead Housing  
One bedroom

**Lydia Roy Court**  
3940 3954 N Haight  
Portland, OR 97227  
503 287 2162  
Cascade Management  
One bedroom

**Albina Plaza**  
3955 N Albina Ave  
Portland, OR 97227  
503 493 1140  
Cascade Property Mgmt.  
Studios  
One bedroom

**Minerva Plaza**  
6633 N Oberlin  
Portland, OR 97203  
503 445 7152  
IPM  
Studios  
One bedroom

**Cathedral Gardens**  
8652 N Swift Way  
Portland, OR 97203  
503 286 8652  
Aperto Management  
One bedroom  
ADA: Yes

**Trenton Terrace (Age 62+) \***  
4720 N Trenton  
Portland, OR 97203  
503 283 0966  
IPM  
One bedroom  
62+  
ADA: Yes

**Unthank Plaza (62+ or disabled)**  
2500 N Williams  
Portland, OR 97227  
503 287 1258  
Quantum  
One bedroom  
62+ or disabled  
ADA: Yes

**SOUTHEAST PORTLAND****Tillicum Court**

5136 SE 73<sup>rd</sup>  
Portland, OR 97206  
503 777 3007  
Studio  
One bedroom

**Beacon Manor (62+ or disabled)**

3123 SE 8th Avenue  
Portland, OR 97202  
503 235 9029  
REACH  
Studios  
One bedroom  
62+ or disabled  
ADA: Yes

**Burlwood Apts\***

14992 SE Division  
Portland, OR 97236  
503 760 3830  
Arrowhead  
One bedroom  
ADA: Yes

**Candalaria Plaza\***

921 SE 162nd Ave  
Portland, OR 97233  
503 445 7147  
IPM  
One bedroom  
Two bedroom

**Caritas Villa (62+ or disabled)**

16060 E Burnside  
Portland, OR 97233  
503 954 3277  
Guardian  
Studios  
One bedroom  
62+ or disabled

**Columbia Terrace (62+)**

16932 SE Division  
Portland, OR 97236  
503 760 0344  
Pacific Retirement Services  
One bedroom  
62+  
ADA: Yes

**Fir Grove (62+)**

4820 SE 122nd Ave  
Portland, OR 97236  
503 760 0907  
REACH  
One bedroom  
62+

**Hawthorne East (62+ or disabled)**

1420 SE 16th Ave  
Portland, OR 97214  
503 230 0306  
IPM  
One bedroom  
62+ or disabled  
ADA: Yes

**Holgate Plaza**

4333 SE 104th Ave  
Portland, OR 97266  
503 445 7167  
IPM  
Studios  
One bedroom

**Kenilworth Park Plaza (62+)**

3214 SE Holgate  
Portland, OR 97202  
503 872 1110  
Holgate Campus  
Studios  
One bedroom  
62+  
ADA: Yes

**Kirkland Union Manor (62+)**

3530 SE 84th Ave  
Portland, OR 97266  
503 777 8101  
Manor Management  
Studios  
One bedroom  
62+

**Marion St. Apts**

2034 SE Marion  
Portland, OR 97202  
971 277 1296  
REACH  
One bedroom  
ADA: Yes

**Marla Manor**

644 SE 148th Ave  
Portland, OR 97233  
503 254 5826  
Quantum  
One bedroom

**Marwood Plaza**

7200 SE Woodstock Blvd  
Portland, OR 97206  
503 445 7170  
IPM  
Studios  
One bedroom

**The Pines\***

140 SE 188th Ave  
Portland, OR 97233  
503 666 5310  
Cushman and Wakefield  
One bedroom  
Two bedroom  
ADA:

**Powell Plaza I & II (62+ or Disabled)**

13320 SE Powell Blvd  
Portland, OR 97236  
503 761 7650  
Heartland Realty Mgmt.  
Studios  
One bedroom  
62+ or disabled

**Providence House (Age 62+)**

5921 E. Burnside  
Portland, OR 97215  
503 215 2234  
Providence Health System  
39 One bedroom  
62+  
ADA: Yes

**Scott Crest Plaza\***

13223 SE Powell Blvd  
Portland, OR 97236  
503 445 7171  
CRMG  
One bedroom  
Two bedroom

**Kirkland Annex (Age 62+)**

7810 SE Foster Rd  
Portland, OR 97206  
503 774 8885  
Manor Mgmt. Services  
Studios  
One bedroom  
62+  
ADA: Yes

**Tenino Terrace**

2405 SE Umatilla  
Portland, OR 97202  
503 234 6785  
Heartland Realty Mgmt.  
One bedroom

**Westmoreland's Union Manor (62+)**

6404 SE 23rd Ave  
Portland, OR 97202  
503 233 5671  
Manor Mgmt. Services  
Studios  
One bedroom  
62+  
ADA: Yes

**Woodland Heights (62+)**

11625 SE Boise St.  
Portland, OR 97266  
503 761 5500  
Pacific Retirement Services  
One bedroom  
62+  
ADA: Yes

**EAST COUNTY/GRESHAM****Aldercrest\***

21900 SE Alder Dr  
Gresham, OR 97030  
503 512 8671  
Cushman and Wakefield  
One bedroom  
ADA: Yes

**East Fair Terrace (62+ and disabled)**

500 NW Division St  
Gresham, OR 97030  
503 661 3001  
Guardian  
One bedroom  
Two bedroom  
62+ and disabled  
ADA: Yes

**Fairview Arms**

305 7th St  
Fairview, OR 97024  
503 667 5337  
Cushman and Wakefield  
1 bedroom  
ADA: Yes

**Mattie Younkin Manor (62+)**

2400 NE 27th Dr  
Gresham, OR 97030  
503 665 3113  
Christian Church Homes  
Studios  
One bedroom  
62+

**Powell Vista Manor (62+)**

4125 SE 182nd Ave  
Gresham, OR 97030  
503 661 4633  
Christian Church Homes  
Studios  
One bedroom