



HOUSING SENIORS | CREATING HOPE | PILOTING CHANGE

Apartments with Subsidized Rent for People 62+ or with Disabilities

This is a list of studio and one-bedroom apartments in Multnomah County, Oregon that are subsidized by the United States Department of Housing and Urban Development (HUD).

WHAT IS A SUBSIDIZED RENT?

Tenants who live in these buildings pay rent based on their income. Tenants pay no more than 30% of their income for rent and utilities. This type of subsidy cannot be transferred to another apartment. The subsidies are attached to units at these specific buildings through a contract between HUD and the building owner.

TO QUALIFY

To be eligible for the majority of these properties, you must be at least 62 years old or disabled. Some properties give priority to applicants who are 62 years old or over. In addition, you must be low-income. Current guidelines require a yearly income *under* \$43,440 for eligible single persons and a yearly household income *under* \$49,644 for eligible couples.

TO APPLY

You can apply for as many buildings as you choose. None of these properties will have units available immediately. You will need to complete an application to get on the waiting list for each property.

We have created a separate list of subsidized properties that are currently accepting applications for their waiting lists called *Subsidized Buildings with Open Waitlists*. This list changes frequently and is a good place to start your subsidized housing search. Attached is the complete list of HUD-subsidized properties. Contact the building manager to apply for an apartment and to get more information. If you are over the age of 62 we recommend focusing on the properties that are prioritized for people 62 years old and over as they tend to have shorter waitlists. These properties are marked with (Age 62+) next to the building name.

There are no application fees for these properties.

Many buildings now require an original birth certificate to apply or move in. You will be required to show a state-issued photo ID and Social Security card as part of your application.

MAINTAIN YOUR APPLICATION ON THE WAITLIST

Once you submit an application, **contact the building manager every month to check your position on the waiting list and make sure the manager has your current address and phone number.** Some buildings will remove your name if you do not contact them every month. Some buildings will contact you by mail and give you a short period of time to respond to remain on the list. **By staying in contact with the building managers every month, you will make sure to keep your application active and moving up on each waiting list.**

Buildings marked with an asterisk (*) have a mixture of both subsidized and unsubsidized apartments.

*For updates or changes to this information please contact Northwest Pilot Project at
(503) 227-5605 or housing@nwpilotproject.org*

Updated 3/2026

DOWNTOWN PORTLAND**1200 Building (62+ or Disabled)**

1220 SW 12th Ave
 Portland, OR 97205
 503 461 2247
 Guardian
 One bedroom
 62+ or disabled
 ADA: 10

Admiral Apts (62+ or Disabled)

910 SW Park Ave
 Portland, OR 97205
 503 546 9191
 REACH
 Studios
 One bedroom
 62+ or disabled

Bronaugh Apts (62+ or Disabled)

1434 SW Morrison
 Portland, OR 97205
 503 227 0754
 REACH
 Studios
 One bedroom
 62+ or disabled

Chaucer Court (62+ or Disabled)

1019 SW 10th Ave
 Portland, OR 97205
 503 224 3559
 Manor Management
 Studios
 One bedroom
 62+ or disabled
 ADA: 6

Lexington Apts (62+ or Disabled)

1125 SW 12th Ave
 Portland, OR 97205
 503 224 9638
 Guardian
 Studio
 One bedroom
 62+

Park Tower Apts (62+ or Disabled)

731 SW Salmon
 Portland, OR 97205
 503 224 1567
 Guardian
 Studios
 One bedroom
 62+ or disabled
 ADA: 11

Rose Schnitzer Tower (62+ or Disabled)

1430 SW 12th Ave
 Portland, OR 97201
 503 222 7467
 Guardian
 Eligibility: 62+ or disabled
 One Bedroom:
 ADA: 12

Rosenbaum Plaza Apts (62+ or Disabled)

1218 SW Washington
 Portland, OR 97205
 503 228 5355
 Key Property Services
 Studio
 62+ or disability
 ADA: Yes

Uptown Tower (62+ or Disabled)

712 SW St. Clair
 Portland, OR 97205
 503 248 9645
 Guardian
 One bedroom
 62+ or disabled
 ADA: Yes

NORTHWEST PORTLAND**Marshall Union Manor (62+)**

2020 NW Northrup
 Portland, OR 97209
 503 225 0677
 Manor Management
 Studios
 One bedroom
 62+
 ADA: Yes

Roselyn Apts (62+ or disabled)

424 NW 21st Ave
 Portland, OR 97209
 503 228 4220
 CRMG
 Studio
 62+ or disabled

Upshur House

2650 NW Upshur
 Portland, OR 97210
 503 226 3485
 CRMG
 One bedroom
 Two bedroom
 Three bedroom
 ADA: 2

NORTHEAST PORTLAND

A. Phillips Square

606 NE Sacramento
Portland, OR 97212
503 287 2162
Cascade Management
Studios
One bedroom

Alberta Simmons Plaza (62+)

6611 NE MLK Blvd
Portland, OR 97211
503 240 4198
Manor Management
One bedroom
62+
ADA: 6

Alberta Street Apts*

5010 NE 19th Ave
Portland, OR 97211
503 287 3496
Sabin Community Development
Studios
One bedroom

Avenue Plaza

5025 NE 8th Ave
Portland, OR 97211
503 287 3496
Sabin Community Development
Studios
One bedroom

Emerson Plaza Apts

5312 NE 13th Ave
Portland, OR 97211
503 287 3496
Sabin Community Development
Studios
One bedroom

Emilie House (62+)

5520 NE Glisan
Portland, OR 97213
503 236 9779
Providence Supportive Housing
One bedroom
62+
Wheelchair accessible units 3

Estate Plaza

5421 NE 14th Place
Portland, OR 97211
503 287 3496
Sabin Community Development
Studios
One bedroom

Grace Peck Terrace (62+ or disabled)

1839 NE 14th Ave
Portland, OR 97212
503 281 7094
Key Management Services
One bedroom
62+ or disabled
ADA: 10

Halsey Terrace

12428 NE Halsey Street
Portland OR 97230
503 256 7600
CRMG
One bedroom
Two bedroom

M. Carter Plaza

626 NE Brazee
Portland, OR 97212
503 287 2162
Cascade Management
Studios
One bedroom
Two bedroom

Multnomah Manor

9110 NE Hassalo St
Portland, OR 97220
503 477 5910
Key Property Services
One bedroom
Two bedroom
Three bedroom

Silvercrest (62+)

1865 NE Davis
Portland, OR 97232
503 236 2320
Salvation Army
One bedroom
62+
ADA: Yes

Walnut Park (55+ or disabled)

5272 NE 6th Ave
Portland, OR 97211
503 282 7449
REACH
One bedroom
55+ or disabled

NORTH PORTLAND

Albina Plaza

3955 N Albina Ave
Portland, OR 97227
503 493 1140
Cascade Property Mgmt.
Studios
One bedroom

Caritas Plaza (63+ or disabled)

2830 N Williams Ave
Portland, OR 97227
971 406 2931
Guardian
Studio
One bedroom
Two bedroom
63+ or disabled

Cascadian Terrace
5700 N Kerby Ave
Portland, OR 97217
503 283 3541
Guardian
Studios
One bedroom
Two bedroom

Cathedral Gardens
8652 N Swift Way
Portland, OR 97203
503 286 8652
Aperto Management
One bedroom
Two bedroom
Three bedroom
ADA: 6

Fremont Manor
233 N Fremont
Portland, OR 97227
971 255 0060
Arrowhead Housing
One bedroom
Two bedroom
Three bedroom
ADA: Yes

Lydia Roy Court
3940 3954 N Haight
Portland, OR 97227
503 287 2162
Cascade Management
One bedroom
Two bedroom
Three bedroom

Minerva Plaza
6633 N Oberlin
Portland, OR 97203
503 445 7152
CRMG
Studio
One bedroom

Trenton Terrace (62+)*
4720 N Trenton
Portland, OR 97203
503 283 0966
CRMG
One bedroom
62+
ADA: 5

Unthank Plaza (62+ or disabled)
2500 N Williams
Portland, OR 97227
503 287 1258
Key Property Services
One bedroom
62+ or disabled

SOUTHEAST PORTLAND

Beacon Manor (62+ or disabled)
3123 SE 8th Avenue
Portland, OR 97202
503 235 9029
REACH
Studios
One bedroom
62+ or disabled
ADA: Yes

Burlwood Apts*
14992 SE Division
Portland, OR 97236
503 760 3830
Arrowhead
One bedroom
Two bedroom
Three bedroom
ADA: Yes

Candalaria Plaza*
921 SE 162nd Ave
Portland, OR 97233
503 445 7147
CRMG
One bedroom
Two bedroom
Three bedroom

Caritas Villa (62+ or disabled)
16060 E Burnside
Portland, OR 97233
503 954 3277
Guardian
Studios
One bedroom
Two bedroom
62+ or disabled

Columbia Terrace (62+)
16932 SE Division
Portland, OR 97236
503 760 0344
Pacific Retirement Services
One bedroom
62+
ADA: 3

Fir Grove (62+)
4820 SE 122nd Ave
Portland, OR 97236
503 760 0907
REACH
One bedroom
62+
ADA: Yes

Hawthorne East (62+ or disabled)
1420 SE 16th Ave
Portland, OR 97214
503 230 0306
CRMG
One bedroom
62+ or disabled
ADA: 7

Holgate Plaza
4333 SE 104th Ave
Portland, OR 97266
503 445 7167
CRMG
Studios
One bedroom
ADA: 1

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Kenilworth Park Plaza (62+)

3214 SE Holgate
 Portland, OR 97202
 503 872 1110
 Friendship Help Center
 Studio
 One bedroom
 62+
 ADA: 8

Kirkland Union Manor (62+)

3530 SE 84th Ave
 Portland, OR 97266
 503 777 8101
 Manor Management
 Studios
 One bedroom
 62+
 ADA: Yes

Marion St. Apts

2020 SE Marion
 Portland, OR 97202
 971 277 1296
 REACH
 One bedroom
 Two bedroom

Marla Manor

644 SE 148th Ave
 Portland, OR 97233
 503 254 5826
 Quantum
 One bedroom

Marwood Plaza

7200 SE Woodstock Blvd
 Portland, OR 97206
 503 445 7170
 CRMG
 Studios
 One bedroom

The Pines*

140 SE 188th Ave
 Portland, OR 97233
 503 666 5310
 Cushman and Wakefield
 One bedroom
 Two bedroom
 ADA: 4

Powell Plaza I & II (62+ or Disabled)

13320 SE Powell Blvd
 Portland, OR 97236
 503 761 7650
 Heartland Realty Mgmt.
 Studios
 One bedroom
 62+ or disabled

Providence House (Age 62+)

5921 E. Burnside
 Portland, OR 97215
 503 215 2234
 Providence Supportive Housing
 One bedroom
 62+
 ADA: Yes

Scott Crest Plaza*

13223 SE Powell Blvd
 Portland, OR 97236
 503 445 7171
 CRMG
 One bedroom
 Two bedroom
 Three bedroom

Kirkland Annex (Age 62+)

7810 SE Foster Rd
 Portland, OR 97206
 503 774 8885
 Manor Mgmt. Services
 Studios
 One bedroom
 62+
 ADA: Yes

Tenino Terrace

2405 SE Umatilla
 Portland, OR 97202
 503 234 6785
 Heartland Realty Mgmt.
 One bedroom
 Two bedroom

Westmoreland's Union Manor (62+)

6404 SE 23rd Ave
 Portland, OR 97202
 503 233 5671
 Manor Mgmt. Services
 Studio
 One bedroom
 62+
 ADA: Yes

Woodland Heights (62+)

11625 SE Boise St.
 Portland, OR 97266
 503 761 5500
 Pacific Retirement Services
 One bedroom
 62+

EAST COUNTY/GRESHAM**Aldercrest***

21900 SE Alder Dr
 Gresham, OR 97030
 503 512 8671
 Cushman and Wakefield
 One bedroom
 ADA: Yes

East Fair Terrace (62+ or disabled)

500 NW Division St
Gresham, OR 97030
503 661 3001
Guardian
One bedroom
Two bedroom
62+ or disabled

Fairview Arms

305 7th St
Fairview, OR 97024
503 667 5337
Cushman and Wakefield
One bedroom
Two bedroom
Three bedroom
ADA: 2

Mattie Younkin Manor (62+ or Disabled)

2400 NE 27th Dr
Gresham, OR 97030
503 665 3113
Christian Church Homes
Studios
One bedroom
62+ or Disabled

Powell Vista Manor (62+)

4125 SE 182nd Ave
Gresham, OR 97030
503 661 4633
Christian Church Homes
Studios
One bedroom
62+ or disabled
ADA: Yes.