



## HOUSING SENIORS | CREATING HOPE | PILOTING CHANGE

### Apartments with Subsidized Rent for People 62+ or with Disabilities

This is a list of studio and one-bedroom apartments in Multnomah County, Oregon that are subsidized by the United States Department of Housing and Urban Development (HUD).

#### WHAT IS A SUBSIDIZED RENT?

Tenants who live in these buildings pay rent based on their income. Tenants pay no more than 30% of their income for rent and utilities. This type of subsidy cannot be transferred to another apartment. The subsidies are attached to units at these specific buildings through a contract between HUD and the building owner.

#### TO QUALIFY

To be eligible for the majority of these properties, you must be at least 62 years old or disabled. Some properties give priority to applicants who are 62 years old or over. In addition, you must be low-income. Current guidelines require a yearly income *under* \$44,950 for eligible single persons and a yearly household income *under* \$51,350 for eligible couples.

#### TO APPLY

You can apply for as many buildings as you choose. None of these properties will have units available immediately. You will need to complete an application to get on the waiting list for each property.

We have created a separate list of subsidized properties that are currently accepting applications for their waiting lists called *Subsidized Buildings with Open Waitlists*. This list changes frequently and is a good place to start your subsidized housing search. Attached is the complete list of HUD-subsidized properties. Contact the building manager to apply for an apartment and to get more information. If you are over the age of 62 we recommend focusing on the properties that are prioritized for people 62 years old and over as they tend to have shorter waitlists. These properties are marked with (Age 62+) next to the building name.

There are no application fees for these properties.

Many buildings now require an original birth certificate to apply or move in. You will be required to show a state-issued photo ID and Social Security card as part of your application.

#### MAINTAIN YOUR APPLICATION ON THE WAITLIST

Once you submit an application, **contact the building manager every month to check your position on the waiting list and make sure the manager has your current address and phone number.** Some buildings will remove your name if you do not contact them every month. Some buildings will contact you by mail and give you a short period of time to respond to remain on the list. **By staying in contact with the building managers every month, you will make sure to keep your application active and moving up on each waiting list.**

Buildings marked with an asterisk (\*) have a mixture of both subsidized and unsubsidized apartments.

*For updates or changes to this information please contact Northwest Pilot Project at  
(503) 227-5605 or [housing@nwpilotproject.org](mailto:housing@nwpilotproject.org)  
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**DOWNTOWN PORTLAND****1200 Building (62+ or Disabled)**

1220 SW 12th Ave  
Portland, OR 97205  
503 461 2247  
Guardian  
One bedroom  
62+ or disabled  
ADA: 10

**Admiral Apts (62+ or Disabled)**

910 SW Park Ave  
Portland, OR 97205  
503 546 9191  
REACH  
Studios  
One bedroom  
62+ or disabled

**Bronaugh Apts (62+ or Disabled)**

1434 SW Morrison  
Portland, OR 97205  
503 227 0754  
REACH  
Studios  
One bedroom  
62+ or disabled

**Chaucer Court (62+ or Disabled)**

1019 SW 10th Ave  
Portland, OR 97205  
503 224 3559  
Manor Management  
Studios  
One bedroom  
62+ or disabled  
ADA: 6

**Lexington Apts (62+ or Disabled)**

1125 SW 12th Ave  
Portland, OR 97205  
503 224 9638  
Guardian  
Studio  
One bedroom  
62+

**Park Tower Apts (62+ or Disabled)**

731 SW Salmon  
Portland, OR 97205  
503 224 1567  
Guardian  
Studios  
One bedroom  
62+ or disabled  
ADA: 11

**Rose Schnitzer Tower (62+ or Disabled)**

1430 SW 12<sup>th</sup> Ave  
Portland, OR 97201  
503 222 7467  
Guardian  
Eligibility: 62+ or disabled  
One Bedroom:  
ADA: 12

**Rosenbaum Plaza Apts (62+ or Disabled)**

1218 SW Washington  
Portland, OR 97205  
503 228 5355  
Key Property Services  
Studio  
62+ or disability  
ADA: Yes

**Uptown Tower (62+ or Disabled)**

712 SW St. Clair  
Portland, OR 97205  
503 248 9645  
Guardian  
One bedroom  
62+ or disabled  
ADA: Yes

**NORTHWEST PORTLAND****Marshall Union Manor (62+)**

2020 NW Northrup  
Portland, OR 97209  
503 225 0677  
Manor Management  
Studios  
One bedroom  
62+  
ADA: Yes

**Roselyn Apts (62+ or disabled)**

424 NW 21st Ave  
Portland, OR 97209  
503 228 4220  
CRMG  
Studio  
62+ or disabled

**Upshur House**

2650 NW Upshur  
Portland, OR 97210  
503 226 3485  
CRMG  
One bedroom  
Two bedroom  
Three bedroom  
ADA: 2

**NORTHEAST PORTLAND****A. Phillips Square**

606 NE Sacramento  
 Portland, OR 97212  
 503 287 2162  
 Cascade Management  
 Studios  
 One bedroom

**Alberta Simmons Plaza (62+)**

6611 NE MLK Blvd  
 Portland, OR 97211  
 503 240 4198  
 Manor Management  
 One bedroom  
 62+  
 ADA: 6

**Alberta Street Apts\***

5010 NE 19th Ave  
 Portland, OR 97211  
 503 287 3496  
 Sabin Community Development  
 Studios  
 One bedroom

**Avenue Plaza**

5025 NE 8th Ave  
 Portland, OR 97211  
 503 287 3496  
 Sabin Community Development  
 Studios  
 One bedroom

**Emerson Plaza Apts**

5312 NE 13th Ave  
 Portland, OR 97211  
 503 287 3496  
 Sabin Community Development  
 Studios  
 One bedroom

**Emilie House (62+)**

5520 NE Glisan  
 Portland, OR 97213  
 503 236 9779  
 Providence Supportive Housing  
 One bedroom  
 62+  
 Wheelchair accessible units 3

**Estate Plaza**

5421 NE 14th Place  
 Portland, OR 97211  
 503 287 3496  
 Sabin Community Development  
 Studios  
 One bedroom

**Grace Peck Terrace (62+ or disabled)**

1839 NE 14th Ave  
 Portland, OR 97212  
 503 281 7094  
 Key Management Services  
 One bedroom  
 62+ or disabled  
 ADA: 10

**Halsey Terrace**

12428 NE Halsey Street  
 Portland OR 97230  
 503 256 7600  
 CRMG  
 One bedroom  
 Two bedroom

**M. Carter Plaza**

626 NE Brazee  
 Portland, OR 97212  
 503 287 2162  
 Cascade Management  
 Studios  
 One bedroom  
 Two bedroom

**Multnomah Manor**

9110 NE Hassalo St  
 Portland, OR 97220  
 503 477 5910  
 Key Property Services  
 One bedroom  
 Two bedroom  
 Three bedroom

**Silvercrest (62+)**

1865 NE Davis  
 Portland, OR 97232  
 503 236 2320  
 Salvation Army  
 One bedroom  
 62+  
 ADA: Yes

**Walnut Park (55+ or disabled)**

5272 NE 6th Ave  
 Portland, OR 97211  
 503 282 7449  
 REACH  
 One bedroom  
 55+ or disabled

**NORTH PORTLAND****Albina Plaza**

3955 N Albina Ave  
 Portland, OR 97227  
 503 493 1140  
 Cascade Property Mgmt.  
 Studios  
 One bedroom

**Caritas Plaza (63+ or disabled)**

2830 N Williams Ave  
 Portland, OR 97227  
 971 406 2931  
 Guardian  
 Studio  
 One bedroom  
 Two bedroom  
 63+ or disabled

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*Updated 6/2026*

**Cascadian Terrace**

5700 N Kerby Ave  
 Portland, OR 97217  
 503 283 3541  
 Guardian  
 Studios  
 One bedroom  
 Two bedroom

**Cathedral Gardens**

8652 N Swift Way  
 Portland, OR 97203  
 503 286 8652  
 Aperto Management  
 One bedroom  
 Two bedroom  
 Three bedroom  
 ADA: 6

**Fremont Manor**

233 N Fremont  
 Portland, OR 97227  
 971 255 0060  
 Arrowhead Housing  
 One bedroom  
 Two bedroom  
 Three bedroom  
 ADA: Yes

**Lydia Roy Court**

3940 3954 N Haight  
 Portland, OR 97227  
 503 287 2162  
 Cascade Management  
 One bedroom  
 Two bedroom  
 Three bedroom

**Minerva Plaza**

6633 N Oberlin  
 Portland, OR 97203  
 503 445 7152  
 CRMG  
 Studio  
 One bedroom

**Trenton Terrace (62+)\***

4720 N Trenton  
 Portland, OR 97203  
 503 283 0966  
 CRMG  
 One bedroom  
 62+  
 ADA: 5

**Unthank Plaza (62+ or disabled)**

2500 N Williams  
 Portland, OR 97227  
 503 287 1258  
 Key Property Services  
 One bedroom  
 62+ or disabled

**SOUTHEAST PORTLAND****Beacon Manor (62+ or disabled)**

3123 SE 8th Avenue  
 Portland, OR 97202  
 503 235 9029  
 REACH  
 Studios  
 One bedroom  
 62+ or disabled  
 ADA: Yes

**Burlwood Apts\***

14992 SE Division  
 Portland, OR 97236  
 503 760 3830  
 Arrowhead  
 One bedroom  
 Two bedroom  
 Three bedroom

**Candalaria Plaza\***

921 SE 162nd Ave  
 Portland, OR 97233  
 503 445 7147  
 CRMG  
 One bedroom  
 Two bedroom  
 Three bedroom

**Caritas Villa (62+ or disabled)**

16060 E Burnside  
 Portland, OR 97233  
 503 954 3277  
 Guardian  
 Studios  
 One bedroom  
 Two bedroom  
 62+ or disabled

**Columbia Terrace (62+)**

16932 SE Division  
 Portland, OR 97236  
 503 760 0344  
 Pacific Retirement Services  
 One bedroom  
 62+  
 ADA: 3

**Fir Grove (62+)**

4820 SE 122nd Ave  
 Portland, OR 97236  
 503 760 0907  
 REACH  
 One bedroom  
 62+  
 ADA: Yes

**Hawthorne East (62+ or disabled)**

1420 SE 16th Ave  
 Portland, OR 97214  
 503 230 0306  
 CRMG  
 One bedroom  
 62+ or disabled  
 ADA: 7

**Holgate Plaza**

4333 SE 104th Ave  
 Portland, OR 97266  
 503 445 7167  
 CRMG  
 Studios  
 One bedroom  
 ADA: 1

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**Kenilworth Park Plaza (62+)**

3214 SE Holgate  
 Portland, OR 97202  
 503 872 1110  
 Friendship Help Center  
 Studio  
 One bedroom  
 62+  
 ADA: 8

**Kirkland Union Manor (62+)**

3530 SE 84th Ave  
 Portland, OR 97266  
 503 777 8101  
 Manor Management  
 Studios  
 One bedroom  
 62+  
 ADA: Yes

**Marion St. Apts**

2020 SE Marion  
 Portland, OR 97202  
 971 277 1296  
 REACH  
 One bedroom  
 Two bedroom

**Marla Manor**

644 SE 148th Ave  
 Portland, OR 97233  
 503 254 5826  
 Quantum  
 One bedroom

**Marwood Plaza**

7200 SE Woodstock Blvd  
 Portland, OR 97206  
 503 445 7170  
 CRMG  
 Studios  
 One bedroom

**The Pines\***

140 SE 188th Ave  
 Portland, OR 97233  
 503 666 5310  
 Cushman and Wakefield  
 One bedroom  
 Two bedroom  
 ADA: 4

**Powell Plaza I & II (62+ or Disabled)**

13320 SE Powell Blvd  
 Portland, OR 97236  
 503 761 7650  
 Heartland Realty Mgmt.  
 Studios  
 One bedroom  
 62+ or disabled

**Providence House (Age 62+)**

5921 E. Burnside  
 Portland, OR 97215  
 503 215 2234  
 Providence Supportive Housing  
 One bedroom  
 62+  
 ADA: Yes

**Scott Crest Plaza\***

13223 SE Powell Blvd  
 Portland, OR 97236  
 503 445 7171  
 CRMG  
 One bedroom  
 Two bedroom  
 Three bedroom

**Kirkland Annex (Age 62+)**

7810 SE Foster Rd  
 Portland, OR 97206  
 503 774 8885  
 Manor Mgmt. Services  
 Studios  
 One bedroom  
 62+  
 ADA: Yes

**Tenino Terrace**

2405 SE Umatilla  
 Portland, OR 97202  
 503 234 6785  
 Heartland Realty Mgmt.  
 One bedroom  
 Two bedroom

**Westmoreland's Union Manor (62+)**

6404 SE 23rd Ave  
 Portland, OR 97202  
 503 233 5671  
 Manor Mgmt. Services  
 Studio  
 One bedroom  
 62+  
 ADA: Yes

**Woodland Heights (62+)**

11625 SE Boise St.  
 Portland, OR 97266  
 503 761 5500  
 Pacific Retirement Services  
 One bedroom  
 62+

**EAST COUNTY/GRESHAM****Aldercrest\***

21900 SE Alder Dr  
 Gresham, OR 97030  
 503 512 8671  
 Cushman and Wakefield  
 One bedroom  
 ADA: Yes

**East Fair Terrace (62+ or disabled)**

500 NW Division St  
Gresham, OR 97030  
503 661 3001  
Guardian  
One bedroom  
Two bedroom  
62+ or disabled

**Fairview Arms**

305 7th St  
Fairview, OR 97024  
503 667 5337  
Cushman and Wakefield  
One bedroom  
Two bedroom  
Three bedroom  
ADA: 2

**Mattie Younkin Manor (62+ or Disabled)**

2400 NE 27th Dr  
Gresham, OR 97030  
503 665 3113  
Christian Church Homes  
Studios  
One bedroom  
62+ or Disabled

**Powell Vista Manor (62+)**

4125 SE 182nd Ave  
Gresham, OR 97030  
503 661 4633  
Christian Church Homes  
Studios  
One bedroom  
62+ or disabled  
ADA: Yes.